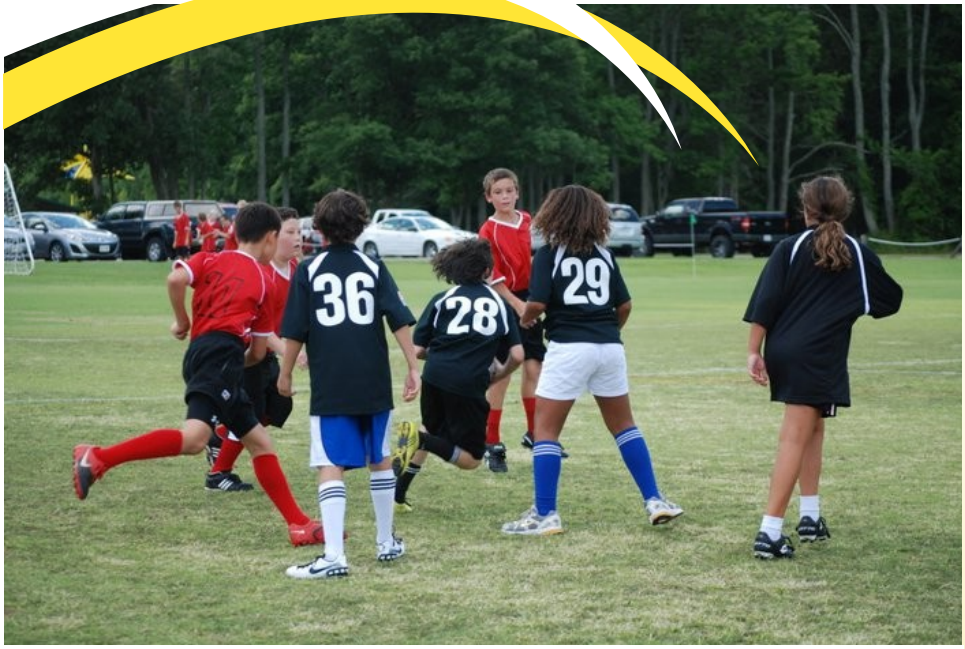
Rookie Touch Rugby

Simplifying Rugby



Rookie Rugby Information

Our mission is to establish touch rugby programs in elementary, middle and High Schools with Wake County Public School Systems.

Rugby promotes a variety of physical skills, but is an ideal vehicle to promote essential life skills. Our experienced rugby coaches explicitly teach the following values as part of a six and eight sessions after school rugby club:

- Teamwork
- Communication
- Leadership
- Character education
- health & fitness
- & most importantly - FUN!

All the information may be found at www.rookierugby.com

Touch rugby is a fast paced, fun, safe sporting experience for both boys and girls. It can be played by any player of any age and is the pre-cursor game to contact rugby.

We hope you can join us for the 2011-2012 rugby season.
Fall Season (Oct – Nov, 2011) | Spring Season (Jan – May, 2012)

SERVICES AVAILABLE

PARTNERSHIP

After School Enrichment Programs available. (Partnerships already established with The Boys and Girls programs). **Fall** (2011) and **Spring programs**(2012). **Lending program** (Balls, cones, and vests)- available through SCHOOL PROGRAMS Tab via team websites listed below. **Coaches available**.

LESSON PLANS

Lesson plans available through team websites listed below under SCHOOL PROGRAMS tab

INSURANCE

Accident and Liability Insurance through USA Rugby. All community players are registered through USA rugby.

COACHES

All our coaches are certified with USA rugby and have background criminal checks. All the coaches who will be involved with rookie as well as contact rugby have experience playing both rookie and tackle rugby and will be USA rugby certified. Many of the coaches are looking to be involved as high school rugby

For More information please go to:

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